

## Day 2 — Conviction

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### What Silence Brings to the Surface

Read:

#### **Scripture (BSB): Psalm 13:1-2**

- 1** How long, O LORD? Will You forget me forever? How long will You hide Your face from me?
- 2** How long must I wrestle in my soul, with sorrow in my heart each day? How long will my enemy dominate me?

Silence has a way of surfacing fears we didn't know were there. When God feels quiet, our hearts begin to fill in the gaps. Psalm 13 shows us what often rises first—fear of being forgotten.

#### **1. Silence Exposes Fear of Abandonment**

David fears God has turned away. Silence tempts us to believe we are alone.

#### **2. Silence Exposes Our Need for Control**

We want clarity, timelines, and reassurance. Silence reveals how deeply we crave certainty.

#### **3. Silence Exposes What We Believe About God**

Conviction helps us see where our beliefs drift from truth. God reveals these fears so He can reshape them.

#### **Reflect**

- What fears surface when God feels silent?
- What do those fears reveal about your trust?

#### **Pray**

“God, show me what silence is revealing in my heart.”

#### **Respond**

## What fear might God be inviting you to name honestly?

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